August 2022

Call 401-625-6790 to order

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Split Pea Soup Knockwurst w/Mustard Boiled Potatoes Mixed Vegetables Rye Bread Fresh Fruit (Seafood Salad on Rye)	Lentil Soup Chicken Cordon Bleu w/ Gravy Mashed Potatoes Broccoli Cuts Apricots Oatmeal Bread/ Meatloaf w/ kepsup	Beef Vegetable Soup Meatballs w/ Sauce Seasoned Pasta Capri Blend Vegetables Oat Nut Bread Tapioca Pudding Shrimp Salad on Oat Nut	4 Barley Soup Tuna Salad Summer Tortellini Salad Seasoned Beets & Onions Rye Bread Angel Food Cake (Corned Beef on Rye)	5 Italian Wedding Soup Stuffed Sole Baked Potato Sliced Carrots Multi Grain Bread Fruit Cocktail (Chicken Salad on Multi Grain)
8 CLOSED VJ Day	9 Chicken Soup Veal w/Tomato Sauce Pesto Pasta Italian Blend Vegetables Fresh Fruit Garlic Roll (Hamburger w/ mustard on a Roll)	10 Minestrone Soup BBQ Pulled Pork Baked Beans Cole Slaw Coffee Cake Marble Bread Italian Tuna on Marble	11 Onion Soup Beef Stroganoff Noodles Green Beans Rye Bread Pudding (Pastrami & Swiss on Rye)	12 White Chowder Baked Fish w/Crumb Topping Red Bliss Mashed Potato Roasted Zucchini Oat Nut Bread Fresh Fruit (Egg Salad on Oat Nut Bread)
Turkey Noodle Soup Sliced BBQ Beef Oven Roasted Potatoes Mixed Vegetables Italian Bread Shortbread Cookie (Tuna on Italian)	16 100% Orange Juice Plain Omelet w/Tomato O'Brien Potatoes Sausage Patty Greek Yogurt (Ham Salad on a Roll w/Side Salad)	17 Split Pea Soup Baked Ham w/Pineapple Sweet Potatoes Winter Blend Vegetables Pumpernickel Bread Fresh Fruit (Turkey w/Cheese on Pumpernickel)	Venus de Milo Soup French Meat Pie w/Ketchup Baby Whole Carrots Wheat Bread Frosted Cupcake (Seafood Salad on Wheat)	19Lemonade Marinated Grilled Chicken Pasta Salad Cole Slaw Dinner Roll Watermelon (Egg Salad on a Bulky Roll)
22 Beef Vegetable Soup Swedish Meatballs Seasoned Noodles Capri Blend Vegetables Oat Nut Bread Sliced Peaches (Shrimp Salad on Oat Nut Bread)	23 Corn Chowder Beer Battered Fish w/Tartar Sauce Rice Pilaf Seasoned Sliced Carrots Rye Bread Cookies (Honey Ham & Cheese on Rye)	24 Escarole & Bean Soup Pot Roast w/Gravy Sweet Mashed Potatoes Green Beans Roll Greek Yogurt (Fish Sandwich on Roll)	25 Chicken Soup w/Anci de Pepe Lasagna Rollup w/Tomato Sauce Roasted Brussel Sprouts Italian Bread Pudding (Italian Grinder)	26 Mayor's Picnic 100% Cranberry Juice Honey BBQ Boneless Chicken Buttered Corn Tomato & Cucumber Salad Wheat Bread Diced Pears (Hot Dog on a Roll)
29 Turkey & Brown Rice Soup Crab Cake w/ Tartar Sauce Mashed Potato Mixed Vegetables Oatmeal Bread Fruit Bar Ham and cheese w/ mustard on oat- meal bread	30 Tomato Vegetable Soup Chicken Marsala Rice Pilaf California Blend Vegetables Wheat Bread Mandarin Oranges Tuna Salad on Wheat	31 Red Chowder Beef Wellington w/ Ketchup Roasted Vegetables Whole wheat roll Cookies Chicken Salad on Wheat hamb roll	All menu items may contain nuts,seeds,beans,wheat,bran,and other allergens	Please call at least 24 hours in advance to reserve your meal